

**Vikaram University Ujjain**

**Master Of Arts**

**Faculty Of Social Science**

**Psychology Syllabus**

**Session 2017-18 onwards,**

Class **M.A. Previous**  
Subject **Psychology**  
Paper Title **Paper 1- M.A. Previous Cognitive Processes-I**  
Semester **I**

**Max marks - 50**

- Unit -I Cognitive approach and Cognitive Psychology :**  
Origin and current status of Cognitive Psychology, Information processing approach.
- Unit -II Attention Process :**  
Basic determinants, Selective attention and its theories. Divided attention and resource allocation. Biological basis.
- Unit-III Perceptual Process :**  
Perception Nature and Determinants. Bottom up and down approaches. Pattern recognition; Picture Perception. Depth Perception. Distance and Movement Perception.
- Unit-IV Imagery :**  
Cognitive Maps - Characteristics of Images relation, Size, Shape, Neuro-Physiological evidence and controversy, Cognitive Maps: Distance, Shape and Relative Positions.
- Unit-V Decision Making :**  
Algorithms and Heuristics representatives, availability anchoring and

*P. G. Mishra*

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adjustment. The Framing effect and over confidence in decision.

**Books Recommended :**

Galotti, K.M. (1999). Cognitive psychology in and outside laboratory. Mumbai : Thomson Asia.

Matlin, Margaret W. (1995). Cognitive (III ed.). Prism Books Pvt. Bangalore.

Reed, Stephen K. (1998). Cognition : Theory and application (III ed). Pacific Grove, California : Brooks / Cole Publishing Company.

Hewes. Mary B. (1990). The psychology of human cognition. New York : Pergamon Press.

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Snodgrass, Berger and Haydon (1985). Human experimental psychology. New Delhi: Oxford University Press

Class M.A. Psychology  
Semester I  
Paper Title Paper II - Research Methods & Statistics I  
Total Marks 50

Unit- I : Nature of Research : The scientific approach, problem, Hypothesis, variables – types.

Unit- II : Techniques of data collection : Observation, questionnaire, Interview, Content Analysis.

Unit- III : Sampling : Meaning, Types and methods of sampling, sampling errors, Null Hypothesis, Type I & Type II Error, Level of significance. Unit

Unit – IV : Correlation : Product moment method (grouped and ungrouped data), Biserial and tetrachoric correlation, Partial correlation.

Unit – V : Significant difference between means correlated and uncorrelated sample, Testing hypothesis – Chi Square.

Recommended Readings:

Broota, K. D. (1992). Experimental design in psychological research. New Delhi- Wiley eastern.

Edwards, A. K. (1976). Experimental design in psychological research. New York-Holt.

Mcguigan, F.J. (1990). Experimental Psychology: methods of Research. New Delhi- Prentice hall.

Kerlinger, F. N. (1973). Foundations of Behavioural research. New Delhi- Surjeet.

Singh, A. K. ( ) Manovigyan samajshastra tatha shiksha me shodh vidhiya. Kapil, H. K. Anusandhan Vidhiyan.

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Class **M.A.**  
Subject **Psychology**  
Paper Title **Paper III – Psychopathology -1**  
Semester **I**

**Max marks - 50**

**Unit –I Normality and Abnormality** : Concept of normality and abnormality  
Classification of Mental Disorders : DSM IV & ICD-10.

**Unit –II Introduction to models of psychopathology** : psychosocial models  
of psychopathology : Psychodynamic, Behavioural, Cognitive,  
Humanistic and Existential.

**Unit-III Anxiety Disorders** : Panic disorders, Phobic disorders, Obsessive  
compulsive disorder, Generalized Anxiety disorders and PTSD  
(earthquake, storm etc. & life events)

**Unit-IV Somatoform Disorders** : Hypochondriasis, Pain disorders, body  
dysmorphic disorder, conversion & dissociative disorder.

**Unit-V Schizophrenia, delusional disorder, Brief psychotic disorder.**  
**Mood disorders** : Manic episode, Depressive episode, Bipolar  
affective disorder.

**Books Recommended :**

- 1 Adams H.E. & Sutkar, F.G. (E.D.) (1984) Comprehensive Handbook  
of psychopathology. New York; Plenum  
Press.
- 2 Buss A.H. (1986) Psychopathology, London : Wiley.
- 3 Coleman J.C. (1988) Abnormal Psychology & Modern Life.
- 4 Friedman & Kaplan Text book of Psychiatry.

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5	Kisker	Disorganized Personality.
6	Maslow & Mittleman	Principles of Abnormal Psychology.
7	Cameron	Personality Development & Psychopathology.
8	Verma S.K. (1988)	Mental illness and treatment.
9	J. Pandey	Psychology in India : The state of the art (Vol. III) New Delhi Sage.

Max Marks- 50

Class - M.A.  
 Subject - Psychology  
 Semester - I  
 Paper - Paper –IV Life Span Development -1.

**Unit-1**

Nature, Principles and theories of Development, Issues and Controversies.

**Unit-2**

Heredity and Environment –Meaning, Determiments, effects and relative importance.

**Unit-3**

Methods of studying development, Observational, Correlational, and Experimental research, Longitudinal and Cross-sectional & Cross Cultural research.

**Unit-4**

Physical and Motor Development : Importance, Stages and Patterns.

**Unit-5**

Language Development:, Nature and theories, Stages of Development, Speech- forms of communication, Determinants of Language development.

**Recommended Books:**

1. Crain M. (1950) Theories of Development, New Jersey Prentice Hall.
2. Hurlock E.G. (1986) Development Psychology (6<sup>th</sup> Edition), New Delhi Tata Mcgrawthill.
3. Hetherington M.E. & Park R.D.(1999). Child Psychology – A Comparative view point (Revised) Boston Mcgraw Hill.
4. Santrock Y.W.(1997) Life Span Development (7<sup>th</sup> Edition)
5. Berk Laura E. Child Development (Phi)
6. Shaffer David R. Developmental – Psychology, Childhood Adolences

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(Brock Cole)

7. Dr.D.n.Shrivastava & Preeti Verma- Bal Manovigyan: Bal Vikas (Vinod)

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Class **M.A.**  
Subject **Psychology**  
Paper Title **Paper I – Cognitive Processes - II**  
Semester **II**

**Max marks - 50**

**Unit –I Memory** : Sensory Memory : Iconic and Echoic memories – measures and empirical features. Short term memory : methodology; size, codes. Long term memory : Kinds.

**Unit –II Memory : Models** : Structure and levels of processing models : Tulving's Episodic, Semantic and procedural Models; McClelland's PDP approach.

**Unit-III Semantic Memory** : Nature, Methodology and structure. Models of semantic memory. Feature comparison model and network models.

**Unit-IV Concept formation** : well-defined concepts-features and rules; Empirical determinants and selection strategies. Ill-defined concepts (Natural Categories) : Empirical characteristics and models; Exemplar and Prototype models.

**Unit-V Meta Memory** : Meta Cognition; Tip of the tongue phenomenon. Mood and memory, Eyewitness testimony, memory improvement. Family resemblance, schemas in relation to memory.

**Books Recommended :**

Galotti, K.M. (1999). Cognitive psychology in and outside laboratory, Mumbai : Thomson Asia.

Matlin, Margaret W. (1995). Cognitive (III ed). Prism Books Pvt. Bangalore.

Reed, Stephen K. (1998). Cognitive : Theory and application (IIIed). Pacific Grove, California : Brooks / Cole Publishing Company.

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Hewes. Mary B. (1990). The psychology of human cognition. New York : Pergamon Press.

Snodgrass, Berger and Haydon (1985). Human experimental psychology. New Delhi : Oxford University Press.

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**Class - M.A.**  
**Subject - Psychology**  
**Paper Title - Paper II -Research methods & Statistics -II**  
**Semester - Semester II**

**Unit - I**

Experimental design : introduction, Assumption of ANOVA, Between Group  
Randomized block design .

**Unit - II**

Factorial design : Two Factor , three factor (only conceptual explanation), F Test one way and two way.

**Unit - III**

within group design; single and two factors ( Repeated measures) Latin square design , Time series design .

**Unit - IV**

Multiple group design ( with example), Duncans range test (DRT) sign test, Mann-whitney- U- TEST.

**Unit - V**

Ethical issues in psychological research, Application of computer in psychological research, writing research proposal and report.

**Recommended Readings:**

Broota, K. D. (1992). Experimental design in psychological research . New Delhi- Wiley eastern.

Edwards, A. K. (1976). Experimental design in psychological research. New York- Halt.

Mcguigan, F.J. (1990). Experimental Psychology: methods of Research. New Delhi- Prentice hall.

Kerlinger, F. N. (1973). Foundations of Behavioural research. New Delhi-

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Surjeet.Singh, A. K. ( ) Manovigyan samajshastra tatha shiksha me shodh vidhiya. Kapil, H. K. Anusandhan Vidhiyan.

Class M.A. Psychology  
Semester II  
Paper Title Paper III- Psychopathology II

Total Marks 50

Unit – I : Psycho physiological disorders, coronary, heart disease, asthmatic allergy eczema, arthritis, ulcer, diabetes and menstrual disorders.

Unit – II : Disorders of personality- adjustment disorder, impulse disorder, substance related disorders, eating disorders, and sleep disorders.

Unit – III : Mental Deficiency- classification, types, causes and possible training of mentally deficient children.

Unit – IV : Therapies : Introduction ; Re-educative therapies- behavior therapy, client centered therapy, group therapy, family therapy.

Unit – V :

Reconstructive therapy – Psychoanalysis, Holistic therapies, Yoga, Meditation and Biofeedback, Existential therapies, gestalt therapy, Transactional analysis.

Books Recommended :

- 1 Adams H.E. & Sutkar, F.G. (E.D.) (1984) Comprehensive Handbook of psychopathology. New York; Plenum Press.
- 2 Buss A.H. (1986) Psychopathology, London : Wiley.

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3	Coleman J.C. (1988)	Abnormal Psychology & Modern Life.
4	Friedman & Kaplan	Text book of Psychiatry.
5	Kisker	Disorganized Personality.
6	Maslow & Mittleman	Principles of Abnormal Psychology.
7	Cameron	Personality Development & Psychopathology.
8	Verma S.K. (1988)	Mental illness and treatment.
9	J. Pandey	Psychology in India : The state of the art (Vol. III) New Delhi Sage.

**Max Marks-50**

**Class - M.A.**  
**Subject - Psychology**  
**Semester - II**  
**Paper Title - Paper IV Life Span Development -II.**

**Unit-1**

Social Development- Criteria & Stages, Determinants of Social Development, Development of Personality and self concept.

**Unit-2**

Emotional Development: Importance, Norms and Determinants. Emotional maladjustment and Emotional Balance, Emotional Dominance, Heightened Emotionality, Regulation of Emotions.

**Unit-3**

Theories of Development- Piaget, Vygotsky, Kohlberg and Eric Erickson.

**Unit-4**

Child & Family- Parental Attitude, Family Relationship and Determinants, The influence of Siblings and Sibling relationship, School environment and role of teacher.

**Unit-5**

Development during adolescence: Characteristics, Physical, Psychological Social and Emotional aspects. Hazards of adolescence; Adulthood and Old age.

**Recommended Books:-**

1. Crain M. (1950). Theories of Development, New Jersey: Prentice Hall.
2. Hurlock E.G. (1986). Development Psychology (6<sup>th</sup> Edition), New Delhi :Tata Mcgrawhill.
3. Hetherington M.E. & Park R.D.(1999), Child Psychology – A Comparative view point (Revised) Boston Mcgraw Hill.
4. Santrock Y.W.(1997). Life Span Development (7<sup>th</sup> Edition)
5. Berk Laura E. ( ).Child Development (Phi)
6. Shaffer David R. Developmental – Psychology, Childhood Adolences (Brock Cole)
7. D. N. Shrivastava & Preeti Verma- Bal Manovigyan: Bal Vikas (Vinod)

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Class M.A. Psychology

Paper Title Practical Work For All Semesters

**Two Practicals of 50 marks each.**

**Total Marks 100**

1. Total five assignments experiments and tests will be conducted related to theory papers of the semester course by the students. Students will be given two practical assignments in the examination for evaluation of 50 marks each. This practice will be applicable to all semesters. Marks distribution scheme will be as given below.

Total Marks : 50

Sessional : 10

Viva : 10

Conduction / Administration 30

of Experiment and Test

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Department of Higher Education, Govt. of M.P.  
Post Graduate Semester wise Syllabus  
as recommended by Central Board of Studies and approved by the Governor of M.P.  
उच्च शिक्षा विभाग, म.प्र. शासन  
स्नातकोत्तर कक्षाओं के लिये सेमेस्टर अनुसार पाठ्यक्रम  
केंद्रीय अध्ययन मण्डल द्वारा अनुशंसित तथा म. प्र. के राज्यपाल द्वारा अनुमोदित  
Session 2010-11

Class / कक्षा	: M.A.
Semester / सेमेस्टर	: III
Subject / विषय	: Psychology
Title of Subject Group	: Psychology of Personality - I
विषय समूह का शीर्षक	: व्यक्तित्व का मनोविज्ञान I
Paper No. / प्रश्नपत्र क्रमांक	: I
Compulsory / अनिवार्य या Optional / वैकल्पिक अनिवार्य	: Compulsory
Max. Marks अधिकतम अंक	: 35

**Particulars / विवरण**

Unit-1	Introduction: The Concept of Personality, Various Theoretical Approaches to Personality, Determinants of Personality.
इकाई - 1	परिचय : व्यक्तित्व का संप्रत्यय, व्यक्तित्व के विभिन्न सैद्धांतिक उपागम, व्यक्तित्व के निर्धारक।
Unit-2	Psychoanalytic Theory: Freud, Adler, Jung.
इकाई - 2	मनोविश्लेषणात्मक सिद्धांत : फ्रायड, एडलर, युंग।
Unit-3	Neo-Freudian Theory: Horney, Erich Fromm, Erickson.
इकाई - 3	नव्यफ्रायडवादी सिद्धांत : हॉर्नी, एरिकफ्रॉम, इरिकसन।
Unit-4	Social learning Theory : Rotter, Bandura's observational learning, Skinner's Behavioristic Theory .
इकाई - 4	सामाजिक अधिगम सिद्धांत : रॉटर, बैंडुरा का प्रेक्षणात्मक अधिगम, स्किनर का व्यवहारपरक सिद्धांत।
Unit-5	Theories of Personality: Mischel, Miller & Dollard and Seligman.
इकाई - 5	व्यक्तित्व के सिद्धांत: मिशेल, मिलर एवं डोलार्ड एवं सेलिगमैन।

Suggested Readings :

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Recommended Books -

Liebert R.M. & Spiegler. M.D. Personality : Strategies and issues. Pacific Grove, California.

Hall. C.S., & Lindzey. G.(1978) Theories of personality. 3<sup>rd</sup> Ed. New York:J Willey & Sons.

Hjelle, L.A. & Zeigler , D.J.(1991). Personality theories:basic assumption, research & application. Mcgrawhill, International book Co.

Pervin, L.A. (1975) Personality, theory. Assessment and research. NewYork:Willey.

तिवारी, इन्दुप्रभा एवं दाणी, वीणा(2001) मनोविज्ञान के सम्प्रदाय एवं इतिहास, भोपाल-हिन्दी ग्रंथ अकादमी।

सिंह अरुण कुमार() मनोविज्ञान के सम्प्रदाय एवं इतिहास, मोतीलाल बनारसीदास।

सिंह अरुण कुमार - व्यक्तित्व का मनोविज्ञान मोतीलाल बनारसीदास।

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Department of Higher Education, Govt. of M.P.  
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स्नातकोत्तर कक्षाओं के लिये सेमेस्टर अनुसार पाठ्यक्रम  
केंद्रीय अध्ययन मण्डल द्वारा अनुशंसित तथा म. प्र. के राज्यपाल द्वारा अनुमोदित  
Session 2010-11

Class / कक्षा	: M.A.
Semester / सेमेस्टर	: III
Subject / विषय	: Psychology
Title of Subject Group	: Social Psychology I
विषय समूह का शीर्षक	: समाज मनोविज्ञान I
Paper No. / प्रश्नपत्र क्रमांक	: II
Compulsory / अनिवार्य या Optional / वैकल्पिक अनिवार्य	: Compulsory
Max. Marks अधिकतम अंक	: 35

**Particulars / विवरण**

Unit-1	Concept and Field of social psychology : Historical background, Theoretical approach to social psychology – genetic, learning, cognitive, psychoanalytic and role theory.
इकाई – 1	समाज मनोविज्ञान का प्रत्यय एवं क्षेत्र, ऐतिहासिक पृष्ठभूमि, समाज मनोविज्ञान के सैद्धान्तिक उपागम—जैवकीय, अधिगम, संज्ञानात्मक, मनोविश्लेषणात्मक एवं भूमिका सिद्धान्त।
Unit-2	Relationship of Social psychology with other disciplines, Social Psychology as a applied science, Methods of Social psychology.
इकाई – 2	समाज मनोविज्ञान का अन्य विषयों से संबंध: प्रयुक्त विज्ञान के रूप में समाज मनोविज्ञान, समाज मनोविज्ञान की विधियाँ।
Unit-3	Conformity- Nature and Determinants, Obedience, Pro-social behavior - Nature and determinants.
इकाई – 3	समानुरूपता – प्रकृति एवं निर्धारक, आज्ञाकारिता, प्रतिसामाजिक व्यवहार – स्वरूप एवं निर्धारक।
Unit-4	Meaning of group. Group formation, decision making in Groups, Social facilitation and Social loafing, leadership - theories and styles.
इकाई – 4	समूह का अर्थ, समूह का निर्माण, समूह में निर्णय, सामाजिक सरलीकरण, सामाजिक श्रमावनयन, नेतृत्व – सिद्धान्त एवं शैलियाँ।
Unit-5	Inter personal attraction: situational determinants and theoretical explanation. Aggression: Meaning, theories and management.
इकाई – 5	अन्तः वैयक्तिक आकर्षण : परिस्थितिगत निर्धारक, एवं सैद्धान्तिक व्याख्या, आक्रामकता: अर्थ, सिद्धान्त एवं प्रबंधन।

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**Suggested Readings :**

- Baron and Byrne (1998) Social Psychology, New Delhi : Prentice Hall  
Baron (2001). Samajik Manovigyan. (9<sup>th</sup> ed.). New Delhi : Pearson  
Feldman, R.S. (1998). Social Psychology. Singapore : McGraw Hill  
Myers. D.G. (1998) Social Psychology, Singapore : McGraw Hill.  
Tripathi, LB (1992) outline of social psychology, Delhi – Motilal Banarasi Das.  
Tripathi, LB (1992) outline of social psychology, Delhi – Motilal Banarasi Das.  
सिंह अरुण कुमार – समाज मनोविज्ञान की रूप रेखा – मातीलाल बनारसी दास।

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 स्नातकोत्तर कक्षाओं के लिये सेमेस्टर अनुसार पाठ्यक्रम  
 केंद्रीय अध्ययन मण्डल द्वारा अनुशंसित तथा म. प्र. के राज्यपाल द्वारा अनुमोदित  
 Session 2010-11

Class / कक्षा	: M.A.
Semester / सेमेस्टर	: III
Subject / विषय	: Psychology
Title of Subject Group	: Educational Psychology I
विषय समूह का शीर्षक	: शिक्षा मनोविज्ञान I
Paper No. / प्रश्नपत्र क्रमांक	: III
Compulsory / अनिवार्य या Optional / वैकल्पिक अनिवार्य	: Compulsory
Max. Marks अधिकतम अंक	: 35

Particulars / विवरण

Unit-1	Educational Psychology : Meaning, scope and methods. Role of psychology in Education, Objectives of teaching educational psychology, Problems of Indian educational system
इकाई-1	शिक्षा मनोविज्ञान - अर्थ, क्षेत्र एवं विधियाँ, शिक्षा में मनोविज्ञान की भूमिका, शिक्षा मनोविज्ञान के उद्देश्य, भारतीय शिक्षा व्यवस्था की समस्याएँ।
Unit-2	Characteristics of teacher. Professional growth of the teacher. Mental set of the teacher. Efficiency in studying : Study guide, Curriculum and Co-curricular activities.
इकाई-2	शिक्षक की विशेषताएँ, शिक्षक की व्यवसायिक विवृद्धि, शिक्षक की मानसिक तत्परता, पठन की कुशलता, अध्ययन निदेशिका, पाठ्यक्रम एवं पाठ्येत्तर गतिविधियाँ।
Unit-3	Concept formation. Thinking, Problem solving, Creativity and Reasoning.
इकाई-3	प्रत्यय निर्माण, चिन्तन, समस्या समाधान, रचनात्मकता, एवं तर्कणा।
Unit-4	Motivation: Curiosity, exploration, expectancy, achievement motivation, Role of Motivation in learning.
इकाई-4	अभिप्रेरणा, जिज्ञासा, अन्वेषण, प्रत्याशा, उपलब्धि अभिप्रेरणा, अधिगम में प्रेरणा की भूमिका।
Unit-5	Learning environment: maintaining effective learning environment. Classroom management Techniques. Handling problem behavior. Disadvantaged pupil. Bilingual and culturally diverse students.
इकाई-5	अधिगम पर्यावरण: प्रभावकारी अधिगम पर्यावरण का रख रखाव। कक्षा प्रबंधन की विधियाँ, समस्या व्यवहार का समाधान, अलाभान्वित विद्यार्थी, द्विभाषी तथा सांस्कृतिक रूप से विविध विद्यार्थी।

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## Recommended Readings

- Behler & Snowman (1988). Psychology Applied to Teaching (5<sup>th</sup> Ed.) Boston : Hongton Miffin Co.  
Dand Pani, A. (1988). A text book of Advanced Educational Psychology. New Delhi Amol Publications.  
DeDeco (1988). The Psychology of Learning and Instruction. Willian Crewlard (2<sup>nd</sup> Ed.)  
Dendekar ( 1995) Educational Psychology . McMillan.  
Ellis 1965 . Educational Psychology .Princeton, N.J NewYork.  
Pandey J (1988). Psychology in India : The state of art Vol. (2) New Delhi : Sage  
Woolflok, A. (2004) Educational Psychology. Singapore : Pearson Education.  
सिंह अरुण कुमार - शिक्षा मनोविज्ञान

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Department of Higher Education, Govt. of M.P.  
Post Graduate Semester wise Syllabus  
as recommended by Central Board of Studies and approved by the Governor of M.P.  
उच्च शिक्षा विभाग, म.प्र. शासन  
स्नातकोत्तर कक्षाओं के लिये सेमेस्टर अनुसार पाठ्यक्रम  
केंद्रीय अध्ययन मण्डल द्वारा अनुशंसित तथा म. प्र. के राज्यपाल द्वारा अनुमोदित  
Session 2010-11

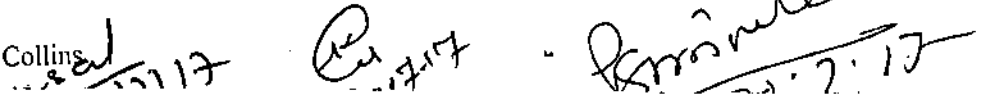
Class / कक्षा	: M.A.
Semester / सेमेस्टर	: III
Subject / विषय	: Psychology
Title of Subject Group	: Clinical Psychology
विषय समूह का शीर्षक	: नैदानिक मनोविज्ञान
Paper No. / प्रश्नपत्र क्रमांक	: IV
Compulsory / अनिवार्य या Optional / वैकल्पिक अनिवार्य	: Compulsory
Max. Marks अधिकतम अंक	: 35

**Particulars / विवरण**

<b>Unit-1</b>	Historical Perspective of Clinical Psychology. Models of Clinical Psychology : Psychodynamic, Behavioral, Interpersonal.
<b>इकाई-1</b>	नैदानिक मनोविज्ञान का ऐतिहासिक परिप्रेक्ष्य, नैदानिक मनोविज्ञान के प्रतिरूप, मनोगत्यात्मक, व्यवहारात्मक, अन्तःवैयक्तिक।
<b>Unit-2</b>	Examination of psychiatric patient, psychiatric interview, psychiatric history and mental status examination. Symptoms of psychiatric illness.
<b>इकाई-2</b>	मनोचिकित्सकीय रोगी का परीक्षण, मनोचिकित्सकीय साक्षात्कार, मनोचिकित्सकीय इतिहास, मानसिक स्थिति का परीक्षण, मानसिक व्याधि के लक्षण।
<b>Unit-3</b>	Projective techniques: Origin and classification of projective techniques, Rorschach, TAT, Draw a person test, Clinical use of Projective test.
<b>इकाई-3</b>	प्रक्षेपी प्रविधियां : प्रक्षेपी प्रविधियों का उद्गम एवं वर्गीकरण, रोर्शा, टी. ए. टी. मानव आकृति परीक्षण, प्रक्षेपी प्रविधियों का नैदानिक उपयोग।
<b>Unit-4</b>	Clinical assessment: Nature and purpose. Clinical Interview, Case study. Collecting, processing and communicating assessment findings.
<b>इकाई-4</b>	नैदानिक मापन : स्वरूप एवं उद्देश्य, नैदानिक साक्षात्कार, व्यक्तिवृत्त अध्ययन, मापन संबंधी सूचनाओं का एकतीरण, संसाधन एवं सम्प्रेषण।
<b>Unit-5</b>	Psychotherapies: Psychoanalytic, Client Centered, Cognitive therapy, Behavioral therapy : Behavior Modification, Desensitization, Assertive training.
<b>इकाई-5</b>	मनोचिकित्सा: मनोविश्लेषणात्मक, व्यक्ति केन्द्रित, संज्ञानात्मक चिकित्सा, व्यवहार चिकित्सा, व्यवहार परिमार्जन असंवेदीकरण, दृढ़ग्राही प्रशिक्षण।

**Recommended Readings**

Carson, R.C. & Butcher J.N. (1992) Abnormal psychology and modern life. Harper Collins



... (2003) Introduction to clinical psychology. Delhi. Pearson.

Korchin, S.J. (1986) Modern Clinical psychology. Delhi CBS.

Nietzel, M.T. & Bernstein D.A. (1987) Introduction to clinical psychology (4<sup>th</sup> Ed.) Eaglewood Cliffs, N.J. : Prentice Hall

Sarason, J.G. & Sarason, B.R. (2005) Abnormal psychology. Prentice Hall of India Pvt. Ltd. New Delhi

सिंह अरुण कुमार (2003) उच्चतर नैदानिक मनोविज्ञान मोती लाल बनारसीदास

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Department of Higher Education, Govt. of M.P.  
Semester wise Syllabus for post graduates  
As recommended by Central Board of Studies and  
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Session 2010-11

Class M.A. Psychology

Paper Title Practical Work For III Semester

Two Practicals of 50 marks each.

Total Marks 100

Total five Practicals which include experiments and tests will be conducted. Students will be given two practicals in the examination for evaluation of 50 marks each. Marks distribution scheme will be as given below.

Total Marks : 50

Sessional : 10

Viva : 10

Conduction of Experiment or Test 30

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**Session 2010-11**

Class / कक्षा	: M.A.
Semester / सेमेस्टर	: IV
Subject / विषय	: Psychology
Title of Subject Group	: Psychology of Personality - II
विषय समूह का शीर्षक	: व्यक्तित्व का मनोविज्ञान II
Paper No. / प्रश्नपत्र क्रमांक	: I
Compulsory / अनिवार्य या Optional / वैकल्पिक अनिवार्य	: Compulsory
Max. Marks अधिकतम अंक	: 35

**Particulars / विवरण**

<b>Unit-1</b>	Schools of psychology: Structuralism Functionalism, Behaviorism, Gestalt - Salient features only.
इकाई - 1	मनोविज्ञान के सम्प्रदाय - संरचनावाद, व्यवहारवाद, गेस्टाल्ट - केवल मुख्य लक्षण।
<b>Unit-2</b>	Dispositional Approaches: Allport's, Cattell's and Eysenck's theories.
इकाई - 2	शीलगुणात्मक उपागम : ऑलपोर्ट, कैटेल एवं आइजेन्क सिद्धांत।
<b>Unit-3</b>	Humanistic Approaches: Maslow, Rogers and Murray
इकाई - 3	मानवता वादी सिद्धान्त, मासलो, रोजर्स एवं मरे
<b>Unit-4</b>	Kelley, Lewin, The five factors Model.
इकाई - 4	कैली, लेविन, पाँच कारक प्रतिरूप
<b>Unit-5</b>	Personality inventories as assessment of dispositions: kinds, uses and limitations. Difference between inventory and projective technique.
इकाई - 5	आंतरिक गुणों के मापन की व्यक्तित्व अनुसूची: प्रकार, उपयोग एवं सीमाएं, प्रक्षेपी प्रविधि एवं में अनुसूची अंतर

**Suggested Readings :**

**Recommended Books -**

Liebert R.M. & Spiegler. M.D. Personality : Strategies and issues. Pacific Grove, California. Hall. C.S., & Lindzey. G.(1978) Theories of personality. 3<sup>rd</sup> Ed. New York: J Willey & Sons. Hjelle, L.A. & Zeigler, D.J.(1991). Personality theories: basic assumption, research & application. Mcgrawhill. International book Co.

Pervin, L.A. (1975) Personality, theory. Assessment and research. New York: Willey.

तिवारी, इन्दुप्रभा एवं दाणी, वीणा(2001) मनोविज्ञान के सम्प्रदाय एवं इतिहास, भोपाल-हिन्दी ग्रंथ अकादमी।

सिंह अरुण कुमार मनोविज्ञान के सम्प्रदाय एवं इतिहास, भोत्रीलाल बनारसीदास।

सिंह अरुण कुमार - व्यक्तित्व का मनोविज्ञान।

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**Session 2010-11**

Class / कक्षा	: M.A.
Semester / सेमेस्टर	: IV
Subject / विषय	: Psychology
Title of Subject Group	: Educational Psychology II
विषय समूह का शीर्षक	: शिक्षा मनोविज्ञान II
Paper No. / प्रश्नपत्र क्रमांक	: III
Compulsory / अनिवार्य या Optional / वैकल्पिक अनिवार्य	: Compulsory
Max. Marks अधिकतम अंक	: 35

**Particulars / विवरण**

Unit-1	Theoretical Perspectives in Educational Psychology, Behaviouristic theories, Social learning theories - Modeling and Observational.
इकाई-1	शिक्षा मनोविज्ञान में सैद्धान्तिक परिप्रेक्ष्य, व्यवहारवादी, सामाजिक अधिगम सिद्धान्त- (मॉडलिंग) निरूपण तथा निरीक्षणात्मक।
Unit-2	Cognitive psychology and Information processing models , Cognitive style and Learning, strategies , Language acquisition and reading development.
इकाई-2	संज्ञानात्मक मनोविज्ञान तथा सूचना प्रक्रम सिद्धान्त, संज्ञानात्मक शैलियाँ एवं अधिगम युक्तियाँ, भाषा अर्जन तथा पठन विकास।
Unit-3	Human diversity and Education, Readiness and class room, Achievement, Social class Differences, Poverty, Theories of Intelligence.
इकाई-3	मानवीय विविधता एवं शिक्षा, तत्परता एवं कक्षा, उपलब्धि, सामाजिक वर्ग विभेद - गरीबी, बुद्धि के सिद्धान्त।
Unit-4	Teaching methods-lecturing and explaining, questioning, aptitude treatment, interaction. Student centered teaching, computer assisted instruction.
इकाई-4	शिक्षण विधियाँ - संभाषण एवं व्याख्या, प्रश्न पूछना, अभिक्षमता उपचार, अंतः क्रिया, विद्यार्थी केन्द्रित शिक्षण, कम्प्यूटरीकृत शिक्षण।
Unit-5	Evaluation and types of Educational Assessment, measurement and evaluation (norm-referenced and criterion referenced tests). Test-scores, meaning, types of interpretation.
इकाई-5	शैक्षिक मापन का मूल्यांकन एवं प्रकार, मापन एवं मूल्यांकन (मानक संदर्भित तथा मापदंड संदर्भित परीक्षण) परीक्षण फलक अर्थ एवं व्याख्या के प्रकार।

**Recommended Readings**

- Behler & Snowman (1988). Psychology Applied to Teaching (5<sup>th</sup> Ed.) Boston : Houghton Mifflin Co.  
Dand Pani, A. (1988). A text book of Advanced Educational Psychology. New Delhi Amol Publications.  
DeDeco (1988). The Psychology of Learning and Instruction. Willian Crelard (2<sup>nd</sup> Ed.)  
Dendekar (1995) Educational Psychology .McMillan.  
Ellis 1965 . Educational Psychology .Princeton, N.J NewYork.  
Pandey J (1988). Psychology in India : The state of art Vol. (2) New Delhi : Sage  
Woolflok, A. (2004) Educational Psychology. Singapore: Pearson Education.  
सिंह अरुण कुमार - शिक्षा मनोविज्ञान

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Class / कक्षा	: M.A.
Semester / सेमेस्टर	: IV
Subject / विषय	: Psychology
Title of Subject Group	: Counselling Psychology
विषय समूह का शीर्षक	:
Paper No. / प्रश्नपत्र क्रमांक	: IV
<del>Compulsory</del> / अनिवार्य-या-Optional / वैकल्पिक अनिवार्य	: Optional H
Max. Marks अधिकतम अंक	: 35

**Particulars / विवरण**

Unit-1	Guidance & Counselling: Meaning, goals and needs. Difference between guidance and counselling. Counselling as a helping and therapeutic relationship.
इकाई-1	मार्गदर्शन एवं परामर्श : अर्थ, उद्देश्य, क्षेत्र एवं आवश्यकता। मार्गदर्शन एवं परामर्श में अंतर। परामर्श एक सहायक एवं चिकित्सकीय सम्बन्ध के रूप में।
Unit-2	Theories and techniques of counselling: Psychoanalytical theory & techniques, Behaviouristic theory & techniques, Cognitive theory & techniques and Humanistic theory & techniques.
इकाई-2	परामर्श के सिद्धांत एवं तकनीक: मनोविश्लेषणात्मक सिद्धांत एवं तकनीक, व्यवहारवादी सिद्धांत एवं तकनीक, संज्ञानात्मक सिद्धांत एवं तकनीक, मानवतावादी सिद्धांत एवं तकनीक।
Unit-3	Counselling skills. Qualities of effective counselor. Ethical issues in counseling. Issues faced by new counselors
इकाई-3	परामर्श के कौशल, प्रभावी परामर्शदाता के गुण। परामर्श में नैतिक मुद्दे। नये परामर्शदाताओं के समक्ष आने वाले मुद्दे।
Unit-4	Educational and Career counselling: Needs of counseling in schools. Counselling at different levels of education. Developing positive attitude and understanding about the world of work and various occupations. Classification of occupations
इकाई-4	शैक्षणिक एवं करियर सम्बन्धी परामर्श : स्कूलों में परामर्श की आवश्यकता। शिक्षा के विभिन्न स्तरों पर परामर्श। कार्य जगत एवं विभिन्न व्यवसायों के प्रति समझ एवं सकारात्मक अभिवृत्ति का विकास करना। व्यवसायों का वर्गीकरण।
Unit-5	Occupational Information: Aims & functions. Collection of Occupational Information. Dissemination of career related information.
इकाई-5	व्यावसायिक सूचना : उद्देश्य एवं प्रकार्य, व्यावसायिक सूचना को एकत्रित करना। व्यवसाय सम्बन्धी सूचनाओं का प्रसारण।

**Recommended Readings**

Belkin, G.S. (1998) Introduction to counselling W. G. Brown Publishers.  
Nelson, J. (1982) The theory and practice of counseling Psychology. New York: Holt Rinehart and Winstan.  
Ben and Jr. (Ed.) (1977) Counselling Psychtherapy: Classiies on theories and issues Science and Behavior Books  
Co. Brammer. L.M. Shostrom, B.L. (1977). , Therapeutic Psychology: Fundamentals of Conselling of

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